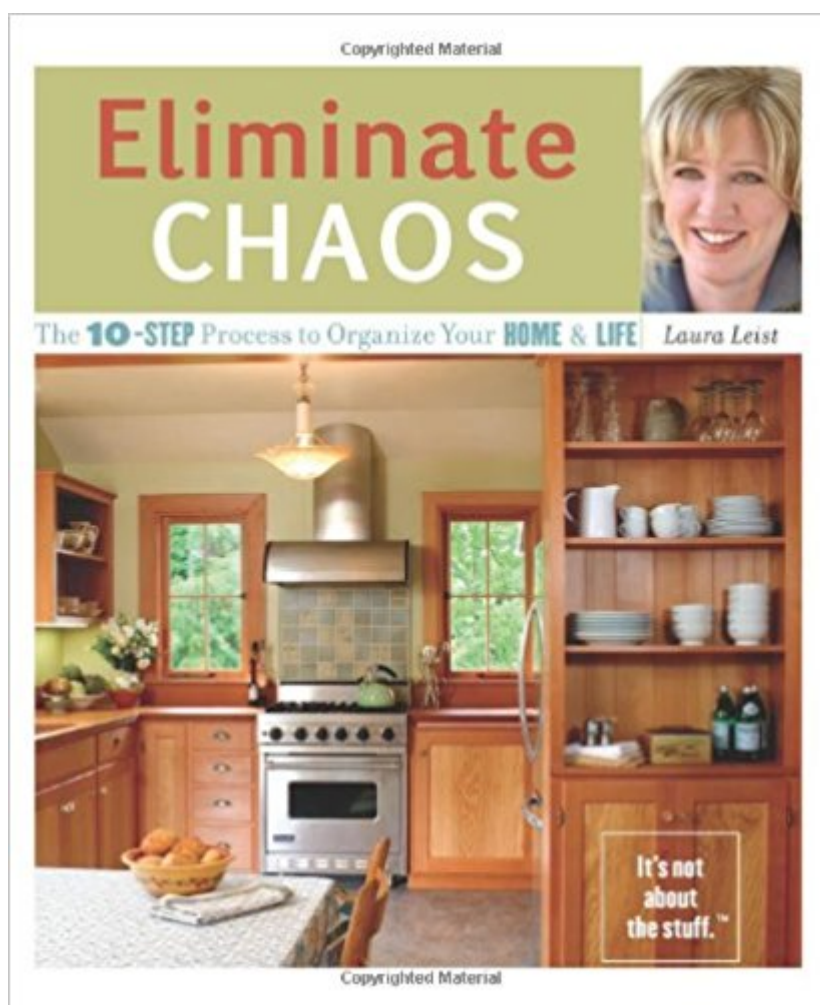


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# Eliminate Chaos: The 10-Step Process To Organize Your Home And Life



## Synopsis

Let go of clutter and organize every room of your house, including the kitchen and pantry, closet, garage, home office, and childrens' rooms. The author's ten-step system is presented in an easy-to-use, workbook-style layout with full-color photos demonstrating the various stages of the organizing process, illustrating not just "before and after," but the realistic, messy, all-important steps in between. Leist's method is based on the underlying principle that "it's not about the stuff." She touches on the psychological reasons behind clutter and not letting go • such as procrastination, denial, thrift, and family history • but her underlying premise is that being organized is an ongoing process, not a one-day event. By learning to sort, prioritize, and make fast, rational decisions about their household goods, readers become more efficient and functional not just at home, but in other areas of life as well.

## Book Information

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## Customer Reviews

Laura Leist serves on the board of the National Association of Professional Organizers. Her makeovers have been featured on Northwest Afternoon, Evening Magazine, and Seattle Live. Adam L. Weintraub's photographs have appeared in many publications, inclu

I have been a professional organizing, home stager and senior move manager for over 5 years and think this book is the best one of all when it comes to cleaning out all your "stuff". I use the 10 steps

in this book when teaching seminars on this subject. I especially like that this book is very simple and easy to follow for all personality types. The 10 steps are very practical and true and should always be followed in the same order listed. Laura also touches on the different psychological reasons why so many struggle with organization which is very important to understand. I highly recommend this book...just the information that you need without losing your interest. Adele Mahan, Fresh Start Transitions, LLC

I bought this book because I'm trying to get inspired on exactly how to deal with the clutter/chaos from combining my husband and I's stuff when we married. I have bought several books on eliminating chaos and getting my house organized. Most of them deal very theoretically but this one is really helpful for several reasons. She provides before and after pictures of the space/room they tackled along with the story and a particular client she took on for that room. What I like about the book is she explains the steps of sorting/purging and gives the categories they created for sorting the items in each room. Her rationale for organizing the kitchen was practical and very helpful and gave me so great ideas about how to make my kitchen stuff more ergonomically efficient based on her sorting categories. She also has a list of great tips at the end of each chapter for organizing each room. She also has a list of really probing and helpful questions to help you decide what you need to keep and what you need to get rid of. She also has a great chapter on downsizing for elderly people that provides great reasons for doing so. It's a fantastic book, and it has a personal touch with her stories from her own life of her personal experiences that motivated her to be a more organized person. I have never finished a book on organizing and I actually wanted to finish this one. This is a must read for those trying to get organized and need practical steps to do it.

This is a beautiful book. It has lots of lovely pictures. However, it is more like reading a series of an organization TV show than it is like reading a book dedicated to organization. There are some good tips, but I find the book lacking. I would have liked to see more options and more variety. As it is, you are simply reading what one person did to organize a kitchen, a home office, a teenager's room, etc. No helpful input on dealing with organization for children, just the teen's room. The book does look nice, but the content is lacking a bit. The book takes you through the steps of organization in several different (but specific) scenarios. And like a TV Show on home organization, it includes the cost of the "example" room. It is entertaining, but not extremely helpful.

I also ordered other similar books (more dense and more expensive), but found them to be

demotivating because of the effort required. I read a couple of chapters from "Eliminating Chaos" in an hour, and immediately it clicked in my mind. The next day I spent organizing the kids' room and the home office (after a trip to Ikea). There are plenty of pictures to illustrate the ideas.

Laura Leist writes a very easy to use book. She calls upon her professional experience helping messy people like me--giving several examples for each point she is trying to make. I must admit I had thought of or realized most of the observations she writes about--the difference is I now realize I wasn't completely goofy...an expert and I agree on several organizing strategies! But the depth and breadth of her insight and perspective are well worth twice the price of this book. If I had the opportunity and more income, I would hire Ms. Leist to come into my home and school me a little further. That should tell you how much I appreciate her work. Thank you to the author, and if you're thinking this book might help you, I say, "go for it."

I really enjoy re-reading this book. It is excellent for people who are not naturally organized. She has excellent tips on how to organize every room of your home. I have loaned it out many times. It is a very encouraging book.

Maybe, just maybe, I'll get organized! Using this book of course! It seems to be something I can get my mind around. No complications, just straightforward help.

I am the sad owner of literally dozens of "organizational" books! They are piled up in my office area, on the floor near my bed and positioned randomly throughout my home! As you can tell -- NO ORGANIZATION HERE! When I opened this treasure I knew I had arrived; I was HOME. It gave me very practical actions that I had no trouble following. Thank you, bless you. Those other references can GO -- LABELED "CLUTTER"! I am a happy camper once again and can move freely throughout my home for the first time in many years. Thanks again...

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